The Sabbath is the 7th day of each week. Trace this hand 7 times.







- Today is the **3rd Sunday** after Pentecost.
- The season after Pentecost is the **longest** season of the church year.
- Watching how trees grow in the summer season helps us remember that our faith can **grow** in the Season after Pentecost.

One symbol for the Season after Pentecost is a tree. There are 27 Sundays after Pentecost. Color in a tree for each week.



One of the Ten Commandments says,
"Take a day of rest each week.
Call it the Sabbath, and make
it a special day for God."



Circle the things you like to do on the Sabbath.



